

MOTIVATIONAL MASTERS

Skills for Life!



Success seminars

are designed for both adults and children to be more determined, focused and driven to achieve success. Some of the powerful topics covered in the Success Seminar are:



- How to develop a positive attitude towards work, school and life
- The art of setting goals for success and happiness
- How to develop self confidence, mental toughness and positive thinking
- How to harness your inner self discipline, determination & perseverance
- Feel empowered by learning non aggressive self protection and Anti-bullying techniques
- Release stress and build inner calm with tai chi & breathing exercises

JOHN GILL

International Motivational Speaker and Peak performance coach



Sports Success:

- Multiple winner of NSW, Australian, USA and World Martial Arts Championships
 - 5th Dan Blackbelt Master instructor in Taekwondo and Hapkido
 - Current and 11 times World Self-Defence Champion
 - Winner of NSW, Australian and Pan Pacific Tennis Masters Games Championships
 - Qualified tennis coach
 - Winner Sports person of the year Australia day awards 2013
- **Featured on Sunrise, the morning show, mornings with Kerri-Anne, wonderworld, channel 7 news, channel 10 news, Hinch and the 7.30 report**
 - **Current and 4 times Australian of the year nominee**



0432 767 900



enquiries@johngill.com.au

Visit johngill.com.au for your special offer!